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JANET MONTGOMERY  
Height 5'6 / 168 Bust 33 / 84 B Waist 24.5 / 62 Hips 33 / 84



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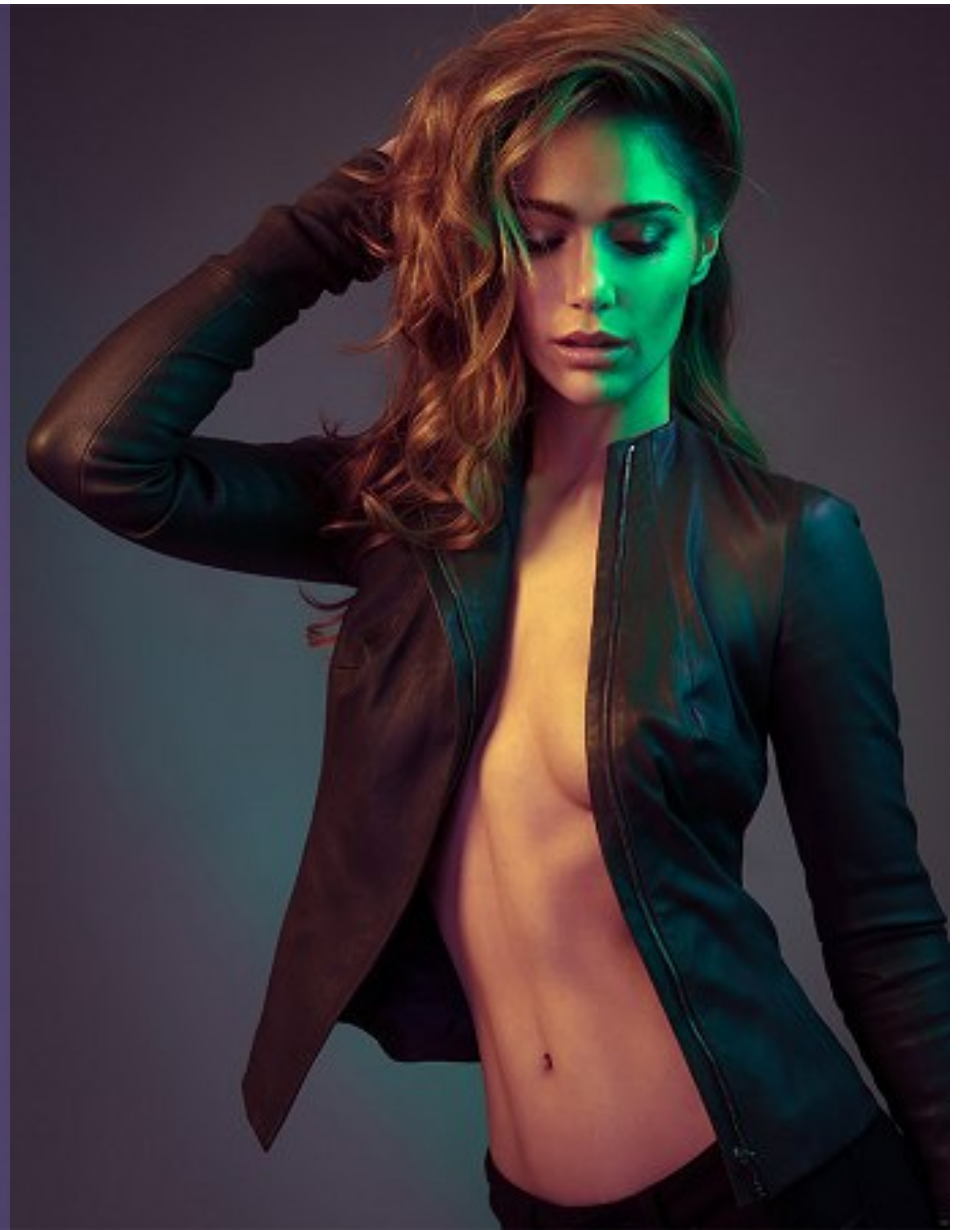
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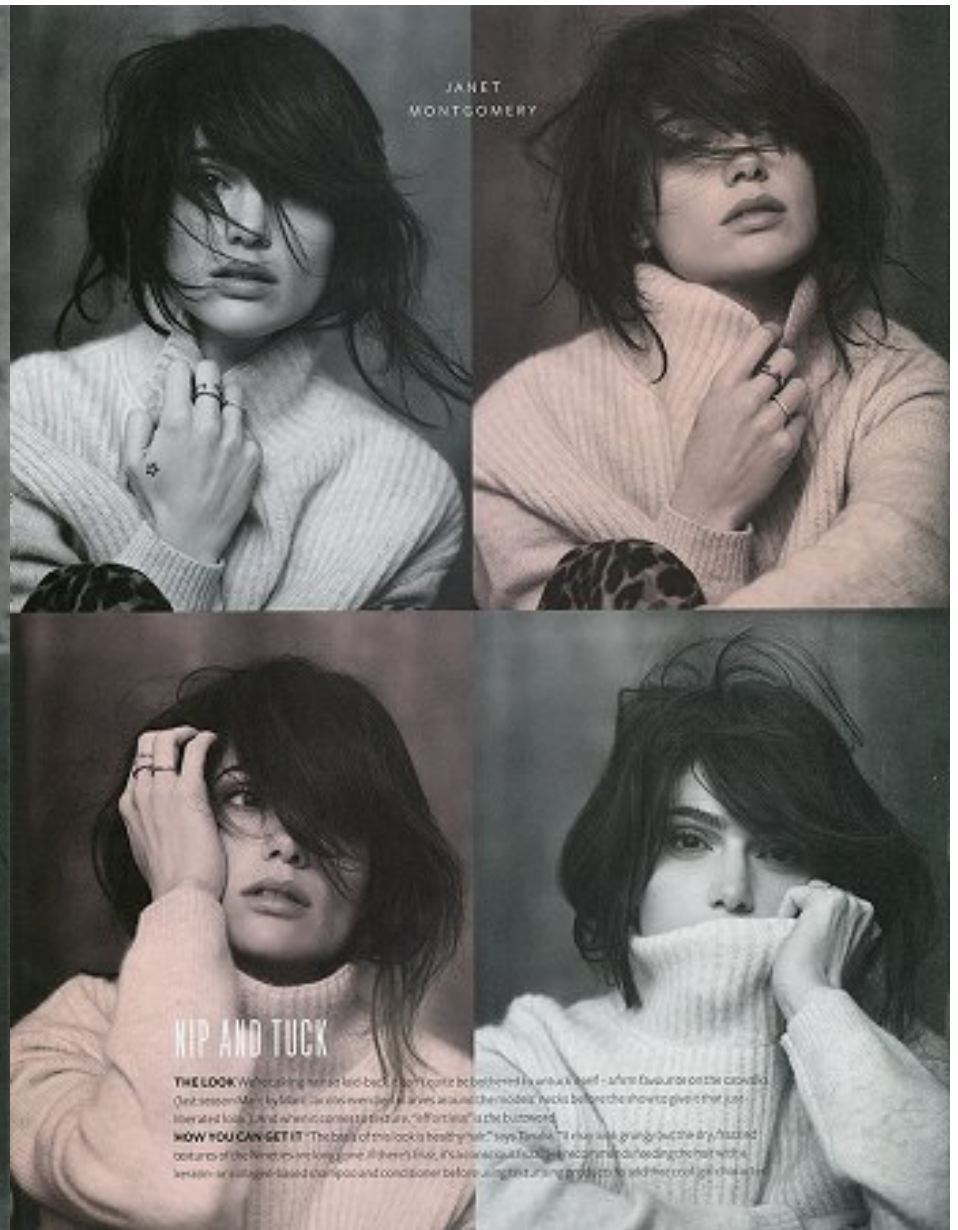
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SAY  
**GOODBYE**

Step away from the styling brush. Brit actress Janet Montgomery shows us how to do the new low-maintenance shaggy chic



JANET  
MONTGOMERY

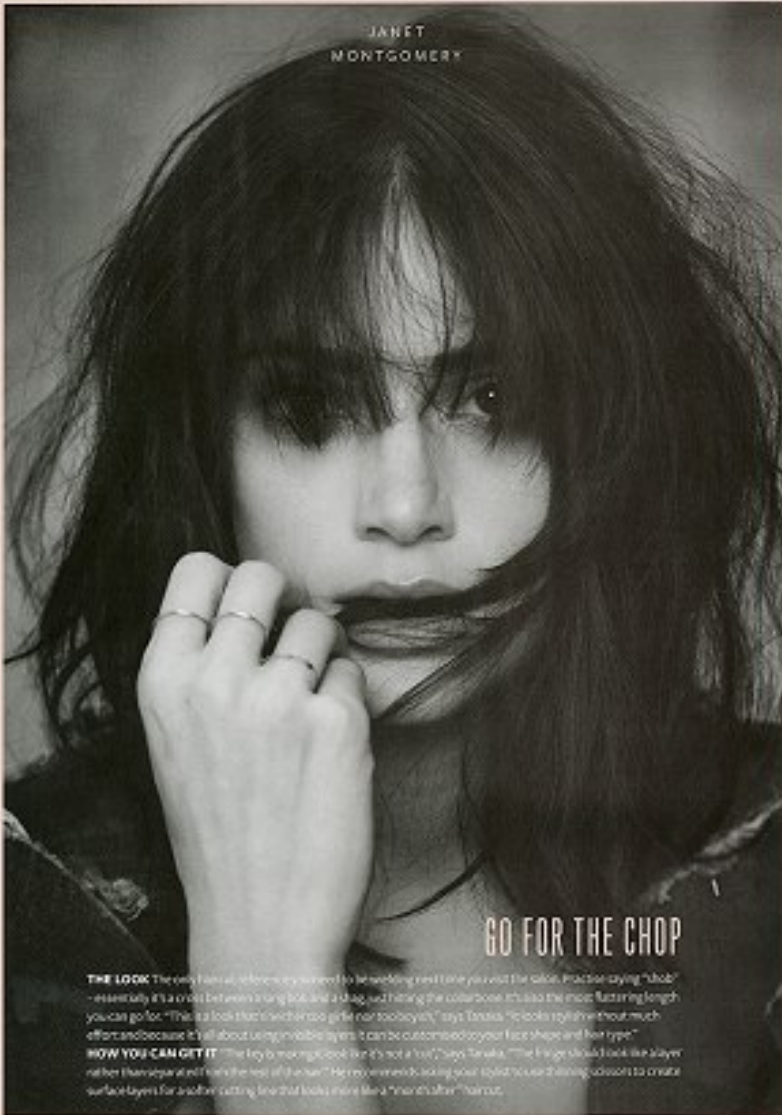
**NIP AND TUCK**

**THE LOOK** We're taking hair so laid-back it can't quite be bothered to slick it back - a first favourite on the catwalk. Our session: Mani by Mireia (as she even gets her nails around the models' necks before the show) to give it that low-maintenance look. Then, when it comes to the hair, "effortless" is the buzzword.  
**HOW YOU CAN GET IT** "The base of this look is healthy hair," says Bessie. "I like using grape seed oil to dry, frizzed cuticles of the Nineties are long gone. If there's fluff, it's because of a lack of regular conditioning. Feed the hair with a keratin- or collagen-based shampoo and conditioner before using tint, and using products to add the cool, jet-set hair to the

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### GO FOR THE CHOP

**THE LOOK** The only haircut reference you need to be bedding next time you visit the salon. Practice saying "lob" - essentially it's a cross between a long bob and a shag, and hitting the collarbone. It's also the most flattering length you can go for. "This is a look that's both so girly and so boyish," says Tanzeel. "It looks stylish without much effort and because it's all about using visible layers it can be customised to your face shape and hair type."

**HOW YOU CAN GET IT** "The key to getting the look is it's not a 'cut,'" says Tanzeel. "The fringe should look like a layer rather than separate from the rest of the hair." He recommends using your stylist's usual styling products to create surface layers for a softer cutting line that looks more like a "month after" haircut.

28



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